

**U.S. Naval Sea Cadet Corps  
U.S. Navy League Cadet Corps  
Basic Field Operations – Connecticut  
Southern New England Training Command  
Mystic Rod & Gun Club, 112 Breakneck Hill Road, Griswold, CT  
Sunday, 15 August – Friday, 20 August 2021**

**Welcome to Southern New England Training Command's Basic Field Operations**

In this training you will learn the basics of camping and survival. Cadets will learn:

- Shelter building
- Campfire cooking
- Water purification
- Fire building
- And other great survival techniques

All hands (even those fully vaccinated) need to take a COVID test within three (3) days of the training and present in hard copy the negative test results at check-in. Please plan accordingly. Home tests and Rapid Tests are accepted as of the date of this writing (30 July 2021). Please watch the Field Op: Basic webpage at <https://www.nautilus571division.com/field-op-basic.html> for any updates on this. Please watch <http://homeport.seacadets.org> for current NSCC COVID-19 policy.

All hands will report in NWUs (either Type I or Type III) at 1400 hours (2 p.m.).

If you are applying to staff this training (Sea Cadets only), you will report on Saturday, 14 August at 1400 in NWUs. An advance team may be needed to help load the truck earlier in the day at a separate location. Please let us know if you are available. More details on that to follow. Staff cadets will be expected to instruct one or more of the above subjects.

The service jacket (also known as a service record) is the folder with all of your enrollment, medical and training admin remarks are kept. This must arrive with the following documentation properly signed:

On the Right:

NSCTNG005 (cadet) or 006 (officer): Training Authority  
NSCTNG001 (cadet) or 002 (officer): Request for Training Authority

On the Left:

NSCADM001 pages 1-2: Application and Releases  
NSCADM001 pages 3-4: Medical History (updated within 30 days of the training start date)  
NSCADM001 pages 5-6: Medical Exam (this is annual, the last physical must have occurred on or after 20 August 2020).  
NSCADM001 pages 7-8: Medical History Supplemental (listing of all medications, either prescription or over-the-counter taken by the cadet. The form must be signed by the medical provider if prescription).  
NSCADM001 pages 9-10: Request for Accommodation (if any).  
Copy of current Health Insurance Card.  
Copy of current Immunization Record.  
Copy of COVID-19 vaccination card (if vaccinated).

Directions to the Mystic Rod & Gun Club are on page 2. The Sea Bag List is on page 3-4 of this letter.

**Directions:**

This training will take place at the Mystic Rod & Gun Club Hunting Grounds, 112 Breakneck Hill Road, Griswold, CT.

- From I-395 in CT, either North or South, take Exit 24 onto CT State Route 201 East, toward Hopeville.
- Turn left at the end of the offramp if you were heading South on I-395 or right if you were heading North on I-395 onto Glasgow Road/Rt. 201.
- Stay on 201 about 2 ¼ miles.
- Turn left onto Lester Road (Dawley Rd will be on your right).
- After about .34 miles, stay straight onto Breakneck Hill Road. Lester road will turn sharp left. Portions of Breakneck Hill Road are unpaved.
- You will reach the entrance to the Club after about .2 miles on your right.

Questions may be directed to either LCDR Stephanie Hyland, NSCC (COTC) at [shyland@seacadets.org](mailto:shyland@seacadets.org) or to LT Jacob Covey, NSCC (OIC) at [jcovey@seacadets.org](mailto:jcovey@seacadets.org).

Respectfully,

LCDR Stephanie Hyland, NSCC  
COTC-Field Operations-Basic

**BASIC FIELD OPERATIONS SEA BAG LIST**  
**RD-CT-2101/LF-CT-2101**

ITEM		QUANTITY MALE	QUANTITY FEMALE
SEA BAG WITH NAME ON IT or Large Duffel/Gym Bag		1	
CURRENT NSCC/NLCC ID CARD		1	
SERVICE JACKET (ALSO KNOWN AS A SERVICE RECORD)		1	
Medication ( <b>ALL MEDICATION</b> will be turned in to the Medical Officer at Check-in) – Appropriately signed Medical History Supplemental form must be in service jacket/record upon arrival.		As Needed	
NWUs Type I or Type III	Blouse w/NSCC or NLCC flash & embroidered nametapes	2	
	Trousers w/embroidered nametape	2	
	Cover, 8-point w/NSCC or NLCC flash	1	
	Undershirts, Blue and/or Coyote Brown, Crew-neck	8	
	Parka without liner or suitable raingear	1	
	Elastic blousing bands	2 pair	
	Belt, black web-style, silver tip & silver buckle	1	
	Boots, high-top, combat style, black leather	1 pair	
	Canteen, military style with cover attached to canteen belt or Camelbak style hydration system	1	
	Boot Socks, Black	8 pair	
PT Uniform	NSCC PT T-shirt	2	
	Blue or Black shorts (*solid color - no more than 4 inches above the knee)	2	
	Blue or Black Sweatshirt (plain)	1	
	Blue or Black Sweatpants (plain)	1	
	Socks, White, athletic, crew-style	8 pair	
	Sneakers	1 pair	
	Sports Bra	N/A	8
	Athletic supporter (optional-recommended)	1	N/A
Sleeping Attire: appropriate shorts*, T-shirt, sweats		2 sets	
Swimsuit (Blue or Black, Females must be 1-piece)		1	
Underwear, White		8 pair	
Bath Towel/Wash Cloth		1 ea.	
Personal Hygiene Kit		1	
Shaving gear (portable): razor, shaving cream. Electric is okay, bring spare batteries. (NSCC only)		As Needed	
Bar soap in holder		1	
Toothbrush/Toothpaste		1 ea.	
Foot Powder		1	
Body Powder (corn starch)		1	
Deodorant (NO aerosol cans)		1	
Comb/Brush		1	1
Hair Fixtures (Bobby pins, hair bands, 3” or shorter barrettes or scrunchies are okay; hair fixtures must be matte finished and be the cadet’s natural hair color)		N/A	As Needed

Sanitary products as needed		As Needed
Small notebook		1
Black ball-point pens (click-type)		3
Shoe Shine Kit		1
Sewing Kit, Travel-size		1
Mess Kit (containing fork, knife*-see note below, spoon, plate, bowl & cup)		1 kit
Sleeping bag or bedroll		1
Pillow with case		1 ea.
Bug Spray (large – NO aerosol cans)		1 ea.
Sunscreen		1 ea.
Baby wipes (large package – not Lysol or Chlorox - must be safe for skin)		1 ea.
Small Flashlight with extra batteries		1 ea.
Black Masks		2-3

**Sea Bag Notes:**

Be sure your name is on everything.

Swimsuits may have plain side stripes or logos, but must not be “flashy.”

The following items are expressly prohibited...

Food or Snacks Perfumes or Colognes

Anything in a glass bottle

Knives\*, blades or tools (a small one in the mess kit is acceptable)

Tobacco (all forms), alcohol, illicit drugs and related paraphernalia

If any items on the list are brought or found they will be confiscated. Other consequences will be determined.

Cell phones and any other electronic devices will be turned in by ALL cadets (staff included) upon arrival – the cell reception will be poor anyway.

Cadets wishing to drive themselves will request permission of the COTC prior to arrival. Vehicle keys will be turned in by those cadets driving themselves and returned upon departure. Staff are not responsible for lost, stolen or damaged property.

Compliance with all the above is mandatory – failure to comply may result in consequences which could result in termination from the NSCC/NLCC.